

**Patricia H. Hasbach, Ph.D.**

**66 Club Road, Suite 220**

**Eugene, Oregon 97401**

**541-321-6415**

**[www.northwestecotherapy.com](http://www.northwestecotherapy.com)**

### **Patient Information Sheet**

#### **The Therapeutic Process**

We will begin by looking at the issues and concerns you have at this time. During the first session, a brief medical, personal, and family history will be obtained to aid us in the establishment of your treatment goals. We will work together to specify the desired changes and/or areas of exploration that will be the focus of therapy.

#### **Office Procedures**

Each session will be approximately 55 minutes in length. Please be on time for your session. Payment is expected at the time of each meeting. Please give the office at least 24 hours advanced notice of an appointment cancellation to avoid a charge for the reserved time. If you have any questions about fees or payment procedures, please discuss them with me during our first meeting.

#### **About Your Therapist**

I have been in private practice since 1983, offering traditional psychotherapy and ecotherapy to adults, couples, families, and groups. I also offer training and consulting services to businesses, schools, hospitals, and non-profit organizations. I taught in the Graduate School of Counseling & Education at Lewis & Clark College for 13 years and served as the co-Director of the Ecopsychology Certificate Program.

I have also authored several books including: *Prescribing Nature: A Clinician's Guide to Ecotherapy* (2025, W. W. Norton Professional Books); *Grounded: A Guided Journal to Help You Reconnect with the Power of Nature and Yourself* (2022, Simon & Schuster); *The Rediscovery of the Wild* (2013, MIT Press); and *Ecopsychology: Science, Totems, & the Technological Species* (2012, MIT Press). I am a member of the Editorial Board of the journal, *Ecopsychology*.

Professional affiliations include the American Psychological Association, the American Counseling Association, the Association of Women in Psychology, and the Society on Environmental, Population, & Conservation Psychology. I am certified by the National Board of Certified Counselors, licensed by the state of Oregon, and am a certified police instructor in the area of Crisis Intervention.